





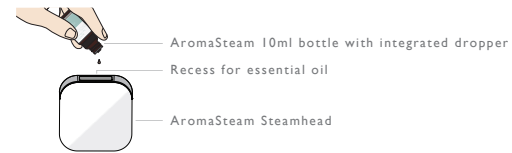
## USING MR.STEAM OILS


PUR 1000616

Enjoy AromaSteam™ essential oils by placing a drop or two, into your AromaSteam steamhead as shown in the illustration. Only use Mr.Steam® AromaSteam essential oils in a Mr.Steam AromaSteam steamhead.

-  Start with one drop to gauge strength and suitability. Limit to a maximum of a few drops during a steambathing session.
-  Use essential oils with caution. essential oils are for external use only. Keep out of reach of children. Chakra oils are highly concentrated and are potent substances and should not be applied directly to the skin as they can be irritants. Use essential oils with caution.
-  Place the drops into the Mr.Steam AromaSteam steamhead recess prior to turning on the steambath. Do not place drops in a hot steamhead as **SERIOUS INJURY CAN RESULT IF YOU DO NOT FOLLOW THIS WARNING.**

-  Some people may find that the aroma makes them dizzy and the user should exit the steambath **IMMEDIATELY** and breathe in fresh air. If skin irritation occurs stop using the oils right away. Remove any excess oil by washing in mild soap and water.



-  In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. If ingested, rinse mouth with water. Administer water or milk to dilute. Contact a physician immediately. Tightly close containers when storing oils. Keep away from sources of ignition.

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